

What Support can NDIS Provide?

(adapted from a range of pages from the NDIS website and associated NDIS publications)

Capacity Building Supports helps build independence and skills		Core Supports helps with daily living activities		Capital Supports Support for an investment		
Support Coordination	This is a fixed amount for a Support Coordinator or Psychosocial Recovery Coach to help you set up and find supports so you can use your plan.	Consumables	Low cost consumables such as continence products/pullups; gastrostomy equipment and low cost assistive technology with written evidence/support (for amounts under \$1500)	Home modifications	Such as the installation of hand rails or a ramp	
Improved Living Arrangements	Support to help you find and maintain an appropriate place to live.			Specialist Disability Accommodation	For those requiring special housing because of their disability.	
Increased Social & Community Participation	Development and training to increase your skills so you can participate in community, social and recreational activities.	Transport	Funds to help you travel to work or tertiary studies	Assistive Technology Mid-cost AT \$1500-15,000 High-cost AT Over \$15,000	For example, communication equipment, hearing and vision assistive products, personal mobility equipment, prosthetics and orthotics, vehicle modifications and similar. Mid-cost AT needs therapy recommendation/evidence, while high-cost AT needs specialist recommendation & quotes.	
Finding & Keeping a Job	Employment supports such as costs for training and assessments that help you find and keep a job.	Assistance with Daily Life	Supports may include household cleaning, yard maintenance, meals support or personal self-care assistance including routine support as well as Short Term stays in Accommodation (STA - Respite)			
Improved Relationships	Help with learning and developing positive behaviours and interactions with others – may be psychology, positive behaviour support, counselling, social work support...					
Improved Health & Wellbeing	Dietician or Exercise Physiology support to help manage the impact of your disability	Assistance with Social & Community Participation	Such as a support worker to help you access the community and/or participate in social and community activities			
Improved Learning	Accessing training, advice and help for you to move from school to further education, such as university or TAFE.	<p style="text-align: center;">Note:</p> <p style="text-align: center;">Always check with your LAC (Local Area Coordinator), Plan Manager or Support Coordinator (SC) to check what your individual NDIS Plan allows funding for. This table is a guide of possible supports only.</p> <p>NDIS will not fund supports that:</p> <ul style="list-style-type: none"> • Are not related to the participant’s disability or that relate to day to day living costs • Are likely to cause harm to the participant or pose a risk to others • Can be more appropriately or effectively delivered by another system (such as health or education) 				
Improved Life Choices	Enable access to Plan Management, which helps you manage your plan, funding and paying for services.					
Improved Daily Living	Assessment, training or therapy to help increase your skills, independence and community participation. These services can be delivered in groups or individually by a variety of allied health therapists.					
Therapists commonly recognised/funded by NDIS include:						
* Occupational Therapist	* Speech Pathologist	* Physiotherapist	* Exercise Physio	* Psychologist	* Social Worker	* Music or Art Therapist
* Psychotherapist	* Counsellor	* Audiologist	* Podiatrist	* Dietician	* Orthoptist	* Rehab Counsellor